

KEEPING TRACK OF POSSIBLE SIDE EFFECTS

This tear-out log provides a space for you to keep track of any side effects you may experience. You can write down the date and time of each event, and record how you're feeling. Bring this page into the doctor's office at your next appointment.

Be sure to write down any other questions you may have, and any side effects you may be experiencing, even if they seem minor, to discuss with your doctor during your next visit.

DATE	I've generally been feeling...	My appetite has been...	My energy level has been...

